Mark Childress returns from stay in Okinawa

Marine Lance Cpl. Mark W. Childress, son of James E. and Bessie C. Childress of Route 1, Box 107C, Concord, Va., recently returned from Okinawa.

He is a member of 2nd Battalion, 4th Marines, now based at Camp Lejeune, N. C.

His battalion rotated to Camp Lejeune from Okinawa as part of the Marine Corps' unit deployment program. The program is designed to rotate whole battalions at one time instead of individuals at separate intervals. In this way, the battalion will retain its unit integrity, as well as shorten the actual time they will spend overseas. The battalion is not due to rotate back to Okinawa until some time in 1983.

A 1978 graduate of Rustburg High School, Rusburg, Va., Childress joined the Marine Corps in April 1981.

ROBERT SEARS OF J.E. SEARS & CO. is shown presenting a check for the benefit of the Holiday Lake 4-H Educational Center to Frank Sweet, 4-H Extension Agent. The generous check will help the Educational Center on its way to the goal of $57,000 in contributions from area businesses and individuals. (Photo by Bill Sherrod)

Pharmacists warn of new 'miracle' drug

[Continued from page 2]

DMSO are under way for "cutaneous ulcers in scleroderma" and other conditions, including muscle sprains and strains, several urologic conditions, acute spinal cord injury, and stroke. However, no sponsor is currently undertaking well-controlled studies of DMSO in the treatment of either rheumatoid arthritis or osteoarthritis, and there is no application before FDA requesting permission to market DMSO for these conditions.

In recent months, DMSO, like laetrile, has become a widely-publicized, emotional topic. Consumers who watched a "60 Minutes" TV segment last year (March 1981, July 1981) may view DMSO as a miracle duty which will cure arthritis, bursitis, tendinitis, muscular sprains and pains, and other ills. Apparently, many consumers believe that DMSO has been withheld simply because of bureaucratic red tape or foot-dragging, a misconception which pharmacists are attempting to correct.

Dr. Thomas Reinders, Associate Professor of Pharmacy and Pharmaceutics at the Medical College of Virginia, asserts that "while no one has said that DMSO is worthless, the FDA is saying we don't know yet." Reminders worries that the "60 Minutes" broadcast did not give adequate balance to all the issues. "There is just too much risk not to wait for approval."

In laboratory tests, DMSO has caused damage to animal eyes. Reinders says that "studies at this time are insufficient to show whether or not prolonged use in high doses poses a risk of ocular damage to humans."

DMSO may also cause skin irritations and nausea. Because the drug penetrates the skin so effectively, any substance on the skin at the time of application is also absorbed into the blood stream. DMSO solutions not approved by FDA may contain impurities which might be carried into the blood stream.

Industrial solvent DMSO has recently been marketed in Virginia by persons Schafermeyer describes as "get-rich-quick" promoters. It is sometimes sold by mail order houses and from the backs of trucks operating in shopping centers or parking lots. DMSO is rarely prescribed for interstitial cystitis, according to Schafermeyer, and would not generally be included in a pharmacy inventory. The sale of DMSO for any other uses than those approved by FDA is viewed by pharmacists as "a serious breach of professional ethics," Schafermeyer says.

The State Board of Pharmacy reports widespread abuse of the product across the state, and large quantities of DMSO have been confiscated because of misleading advertising. Gary Anderson, a spokesman for the Board, reports that complaints have been made in at least a dozen Virginia counties, and that legal action is being considered in some cases.

Pharmacists insist that regulations which require warning labels on all DMSO solutions and which ban false or misleading advertisement of the product should be strictly enforced. Schafermeyer says the Virginia Pharmaceutical Association will consider supporting any legislative or regulatory measures which might help to protect consumers from serious health risks, like those related to DMSO.

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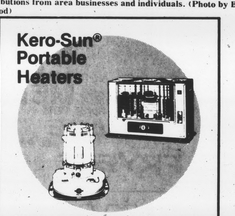

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1982

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The Bible & Daily Living

The servant Christ

By WILLIAM L. TRIMYER

The Servant Christ
Lesson for January 10, 1981
Bible Study Passages: Luke 22-24-27; John 13:7, 12-15
Introduction

In certain levels of the social strata servants are a luxury. The idea that a servant can occupy the positions of royalty and servanthood at the same time is preposterous in our world. Yet, Jesus was one who managed to enter this world as a Messianic King and a servant to humanity. He came not to be served, but to serve and offer his life as a ransom to all hostages of sin and oppression.

Few people are able to juggle royalty and humility at the same time. For some it's difficult to be great and humble! The model of Jesus as servant is a challenge and call to each of us to practice servanthood in our day to day living. This does not mean allowing others to abuse us or to misuse us for their benefit. It does mean working to relieve human suffering in whatever form that may take.

Being a servant has its benefits and dividends of blessing others we are blessed. In serving others we experience the joy and meaning of giving to others that they might experience joy, meaning and the love of God.

The Hero Servant [Luke 22:24-26]

Who is your hero? Some would say Jerry Bradshaw. Others might say Peggy Fleming. Some would point to the President or to Gonzo on Trapper John, M.D.! Even the "Great American Hero" is a hero in the minds of some. We have certain heros or persons whom we admire, who make us laugh at ourselves and stay in the game of life.

The disciples initially saw Jesus as their hero, the one who was coming to set up a militant regieme to squash the Roman oppressors. How surprised and dismayed they were to watch him don the cloak of servant rather than the shield of a warrior.

In the upper roomJesus gathered to tell his disciples abut him eminent crucifixion. Their rection to that shocking news was to quarrel among themselves over who would be greatest. Jesus answered by pointing out that they who are waited on are masters of the house. Jesus, however, reversed this by taking on the role of servant himself. After his manner they were to serve.

An Example of Humilty [John 13:1-16]

Jesus never preached something he did not practice himself. In the thirteenth chapter of John we find Jesus performing a custom of those times, namely, washing the feet of his disciples following the supper.

Jesus was an amazing person. He knew who he was and the direction his life was going. Therefore, he was free to serve and love rather than despair and sit around in self-pity. When we can claim our identities and set our sights on the kingdom of God, we are freed to be and to do.

Life is terribly brief. The longer we live the faster time seems to slip away. When we were children we thought Christmas would never come, but as we age it comes and goes with greater speed. Thus, if life is short we must use our time as wisely as we can. We must take time for work, yes, but also for love, for play, for nurturing family and friendships, and to serve others in the name and spirit of Christ.

Jesus chose footwashing because it was a custom of the times! Some think he instituted a third ordinance to coincide with baptism and communion. A custom is not the same thing as an ordinance. Washing feet is not a custom we necessarily need to carry on, but we can follow Christ' example of humility by functioning as servants. There are many avenues whereby we may minister to the brokenness of humanity all around us.

Dr. Trimyer is Chaplain at Burnham Hospital in Champaign, Illinois (WLYP).

(Based on copyrighted outlines produced by the Committee on the Uniform Series, and used by permission.)

At yearly banquet

Rescue squad members cited for '81 contributions

The Appomattox County Rescue Squad held its annual installation and recognition banquet Friday, January 8, at the Country Fare Restaurant.

Those attending were members and their spouses, honorary members, medical and legal advisors and all members of the community that have worked with or assisted the squad in some way during the year of 1981.

Guest speaker for the occasion was Appomattox Mayor Ronnie C. Spiggle. Mayor Spiggle told a brief history of the progress of development in Appomattox including 1981 and then gave a resume of future plans in the working in the coming year. Mr. Spiggle also installed the incoming 1982 officers.

Especially honored by her fellow members was Mrs. Nellie Almond who was this year's recipient of the "Crewman of the Year" award. Mrs. Almond was chosen by ballot among the members on the basis of outstanding work in all areas of responsibility. She was presented with a plague commemorating the event.

Officers installed for the coming year were: Anderson Scruggs, president; Harry T. Ferguson, Jr., vice-president; Raymond A. Noble, captain; Grover P. Beasley, Jr., training officer; Nellie P. Almond, 1st lieutenant; Paul (Pete) Doss, 2nd lieutenant; Dale H. Franklin, 2nd Lieutenant, junior; Virginia Franklin, sargeant of building and grounds; Richard C. Bartelt, sargeant of motor pool; William A. Noble, secretary; Toby E. Inge, treasurer; James C. Rogers, communications officer.

It was noted that the Appomatox County Rescue Squad had logged the following record in 1981: traveled 28,705 miles in answering calls, volunteered 3,232 2/3 man hours in answering 641 emergency calls.

The squad would take this opportunity to thank the citizens of Appomatox County for their financial and moral support and pledge themselves to continuing to the best of their ability in assisting the citizens throughout 1982.

1982 OFFICERS: L to R seated: Anderson Scruggs, James C. Rogers, P. Beasley, William A. Noble. Standing L to R: Toby Inge, Nellie P. Almond, Dale H. Franklin, Virginia Franklin, Paul Doss, Raymond Noble. Absent from picture: Richard Bartelt and Harry Ferguson, Jr.

CREWMAN OF THE YEAR — Nellie P. Almond shown receiving her award with captain, Ray Noble and president, Anderson Scruggs.

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Local volunteers needed

There are many elderly and handicapped persons in the Central Virginia Planning District, which includes Appomattox, who have problems getting to doctors, dentists, stores and public service agencies such as Social Security, Health and Welfare offices.

The Dial-A-Ride Program, sponsored by Central Virginia Commission on Aging, tries very hard to meet that need. The program relies, to a great extent, on volunteer drivers. Individuals with cars, who have some free time, and wish to perform a vital public service and be reimbursed ($.20 a mile) have a great opportunity here. Anyone interested in driving or anyone who knows of someone who might be interested should call Dial-A-Ride at 384-7557 for specific information on routes, insurance, scheduling and reimbursements.

This service can be of immense importance to a number of elderly and/or handicapped persons in the Lynchburg area--persons who are unable to get to vital services because of their age, or lack of income, or because they are physically unable.

Dial-A-Ride especially needs volunteer drivers in the counties of Bedford, Appomattox, and Amherst.

Energy program upped

An additional $6.7 million has been made available to Virginia through the Federal Low Income Energy Assistance Block Grant, according to the Virginia Department of Welfare.

Virginia's Fuel Assistance Program is now expected to receive $34.1 million. As of December 31, 1981, $15.3 million had been committed to assist low income families with their fuel bills.

In additon to helping needy families pay their heating bills, funds are also budgeted for repairs to dangerous heating equipment. Eligible households may receive a maximum of $200 to repair or replace inoperable or unsafe heating equipmnet. To qualify for this assistance, a household must be eligible for a fuel benefit and the household's heating equipment must be inoperable or pose a health hazard.

Persons in need of assistance to pay their fuel bills may apply for help at their local Department of Welfare or Social Services.

THE TIMES-VIRGINIAN
(USPS 630-800)
PUBLISHED EVERY WEDNESDAY BY ATLANTIC PUBLICATIONS, INC.
IN HISTORIC APPOMATTOX COUNTY
APPOMATTOX, VIRGINIA 24522
ESTABLISHED IN 1892

Bill Sherrod ..... Editor and General Manager
Frances Paulette ..... Assistant Editor
Allen Austin ..... Advertising Manager
Melanie Fraley ..... Classified

Entered as second-class matter at the Post Office at Appomattox, Virginia, under the Act of Congress of March 3, 1879

Address all correspondence to THE TIMES-VIRGINIAN, P.O. Box 3997, Appomattox, Virginia 24522

Subscription rates: $9.00 a year in Appomattox, and all adjoining counties. All others $12.00, payable in advance.
Member Virginia Press Association

Single Copy: 25 cents

Baby Of The Week

GERRIE LUANN HODGE, 30 months old, born January 20, 1979, is the daughter of Mr. and Mrs. Gerald E. Hodge of Rt. 608 in Vera. She has two half-brothers and two half-sisters and one full brother, Steven, who is seven.

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Firewood directory now available from state

Now that winter has made its official debut, keeping the home fires burning is a major concern.

If you need a regular supply of firewood for your woodstove or fireplace, the Virginia Directory of Firewood Sources has just been updated by the Virginia Department of Agriculture and Consumer Services. The brochure is a cooperative effort by VDACS and the Virginia Division of Forestry.

The Firewood Directory lists by county approximately 180 sellers of firewood statewide. Included are their business hours, types and sizes of wood available and the method of purchase: pre-cut, "u-cut" or delivered wood. There is also a section on wood facts and terms, as well as a chart on heating values of various woods.

Copies of the Firewood Directory may be obtained by writing VDACS, Division of Markets, P. O. Box 1163, Richmond, Va. 23209 or the Virginia Division of Forestry, P. O. Box 3758, Charlottesville, Va. 22903.

Firemen get 133 calls

The Appomattox Volunteer Fire Department answered a total of 133 calls during 1981; 95 in the County of Appomattox, 31 in the Town of Appomattox and seven other.

In a breakdown of types, 24 were building fires, four forest fires; 27 chimney fires; 26 brush fires; 13 auto firas; 36 other; 2 false alarms and one no response.

Of the total 133 calls, 96 of these were answered between the hours of 6:01 a.m. to 6:00 p.m. and 37 between 6:01 p.m. and 6:00 a.m.

A total of 1216.9 manhours were spent in answering the 133 calls during 1981.

ADULT EDUCATION CLASSES FOR APPOMATTOX COUNTY
(All Classes Are To Be Taught By Qualified Instructors And Are Sponsored By The Appomattox County School Board)

REGISTRATION - By Phone: Call 352-8253
By Mail: Return Form Below

SECOND SEMESTER CLASSES 1981-1982

COURSE	TIME	CLASS BEGINS	LENGTH OF COURSE	COST	LOCATION
Adult Basic Education					
Adult Basic Class (Classes for adults with less than a 9th grade education)	Tu & Th, 7:00-9:30 p.m.	Tuesday, Jan. 26	70 hours	No Tuition Charge	Adult Education Center at Appomattox Elementary School
Adult General Education					
Art (Drawing & Painting)	Thursday, 7:00-9:00 p.m.	Thursday, Jan. 28	20 hours	$10.00 plus cost of materials	ACHS Art Department
GED Review Class (For adults who want to take the high school equivalency examination)	Tues & Th, 7:00-9:30 p.m.	Tuesday, Jan. 26	40 hours	$25.00 includes books	ACHS, Room 301
Physical Education (Men)	Mon & Th, 7:00-9:00 p.m.	Monday, Jan. 25	30 hours	$10.00	ACHS Gym
Physical Education (Women)	Monday, 7:30-9:00 p.m.	Monday Jan. 25	15 hours	$5.00	AMS Gym
Aerobex (For those desiring one night per week	Mon & Th, 6:30-7:30 p.m.	Monday Jan. 25	12 hours 6 hours	$5.00 $3.00)	AMS Gym
Agricultural Education					
Adult Farmer Evening Class (Pamplin)	Thursday, 7:30-9:30 p.m.	Thursday, Jan. 28	20 hours	no fee	Library Pamplin Sch.
Farm Machinery Repair (Pamplin)	Monday, 6:30-10:00 p.m.	Monday, Jan. 18	70 hours	$5.00	Pamplin Sch. Shop
Farm Machinery Repair (Appomattox)	Tu & Th, 6:30-10:00 p.m.	Tuesday, Jan. 19	105 hours	$5.00	Vo-Ag. Dept. AMS
Young Farmers (Young men 18-35 years of age)	Contact Vocational Agriculture Department at ACHS for Information concerning this class - Phone 352-5602.)				
Welding	Mon & Wed, 6:30-9:00 p.m.	Monday, Jan. 25	25 hours	$40.00 Includes Supplies	ACHS, Vo-Ag Shop
Woodworking	Tuesday, 7:00-10:00 p.m.	Tuesday, Jan. 26	30 hours	$15.00 plus materials	ACHS, Vo. Ag. Lab.
Business Education					
Typing, Beginning	Tu & Th, 7:00-9:00 p.m.	Tuesday, Jan. 26	40 hours	$20.00	ACHS Bus. Ed. Dept.
Typing, Advanced	Tu & Th, 7:00-9:00 p.m.	Tuesday, Jan. 26	40 hours	$20.00	ACHS Bus. Ed. Dept.
Distributive Education					
Principles of Supervision	Monday, 6:30-10:00 p.m.	Monday, March 8	14 hours	$10.00	ACHS D. E. Dept. Rm. 305
Sales Effectiveness Training	Mon & Wed. 7:00-10:00 p.m.	Monday, Feb. 22	6 hours	$5.00	ACHS D. E. Dept. Rm 305
Income Tax Preparation for Consumers	Monday, 6:30 - 10:00 p.m.	Monday, Jan. 25	3½ hours	$3.00	ACHS D. E. Dept. Rm. 305
Shoplifting Prevention	To be offered to individual merchants. Please call Mr. John Moon at 352-5317 for arrangements.				
Contact--Make First Impressions Count	Wed, 6:30-10:00 p.m.	Wed, Feb. 10	7 hours	$3.00	ACHS, D. E. Dept., Rm. 305
Home Economics Education					
Microwave Cooking	Persons desiring this class are requested to register and if sufficient number register, plans will be completed and announced at a later date.				
Sewing, Beginning	Thursday, 7:00-9:30 p.m.	Thursday, Jan. 28	20 hours	$10.00	ACHS Home Ec. Dept.
Sewing, Intermediate and Advanced	Thursday, 7:00-9:30 p.m.	Thursday, Jan. 28	20 hours	$10.00	ACHS Home Ec. Dept.
Tailoring	Thursday, 7:00-9:30 p.m.	Thursday, Jan. 28	20 hours	$10.00	ACHS, Rm. 308
Upholstery	Tuesday, 7:00-9:30 p.m.	Tuesday, Jan. 26	25 hours	$12.50	Home Ec. Dept. ACHS
Trade and Industrial Education					
Auto Mechanics (Women Only)	Tuesday, 6:30-9:00 p.m.	Tuesday, Jan. 26	15 hours	$10.00	ACHS Auto Mechanics Department
Bricklaying	Tu & Th, 7:00-9:30 p.m.	Tuesday, Feb. 9	45 hours	$15.00	ACHS Masonry Department

NOTE:

1. Appomattox County School Board reserves the right to cancel a class if less than ten (10) persons enroll for a class.
2. Enrollment fees to be collected by instructor at first class meeting.
3. Persons are to pre-register for a class by calling 352-8253 during the hours of 8:30 a.m. to 5:00 p.m. or by mailing the registration form below.
4. Persons interested in a class not offered, please contact R. B. Carter, Adult Education Coordinator, at 352-8253 and give information about class desired.

REGISTRATION FORM

Ms.
Mr.
Mrs.
Please enroll Miss _____ in the following course
First Middle Last
_____. Telephone number _____.
social security number _____, date of birth _____.
and address of enrollee _____.

Mail To: Adult Education Coordinator, Appomattox County School Board, P. O. Box 548, Appomattox, Virginia 24522

JAN